



# OUTREACH

St James the Less Scottish Episcopal Church, Penicuik



**Working with the Spirit as they build Chitambo Nursing School!**

*Issue No 161 July/August 2010*



**The smart Penicuik sponsored  
Chitambo Centenary Ambulance  
— read Jo Vallis' report on page 19**



**Levi Chifwaila, Charge  
Nurse at Chitambo, at  
his recent graduation**

# ***Contents***

<b>Service Times .....</b>	<b>4</b>
<b>Groups and Activities .....</b>	<b>4</b>
<b>Rector's Letter.....</b>	<b>4</b>
<b>Flower Festival &amp; update.....</b>	<b>6</b>
<b>Glen '10 .....</b>	<b>7</b>
<b>Penicuik House gardens .....</b>	<b>8</b>
<b>Choir news.....</b>	<b>9</b>
<b>Bookstall .....</b>	<b>10</b>
<b>Mauricewood Housegroup Coffee Morning .....</b>	<b>11</b>
<b>Recording Angels .....</b>	<b>12</b>
<b>Diocesan International Conference.....</b>	<b>13</b>
<b>Ghana .....</b>	<b>13</b>
<b>Rotas .....</b>	<b>14</b>
<b>Broomhill Day Centre .....</b>	<b>17</b>
<b>Financial matters.....</b>	<b>17</b>
<b>Congregational weekend.....</b>	<b>17</b>
<b>Start-up Sunday .....</b>	<b>18</b>
<b>Sad news.....</b>	<b>18</b>
<b>John Farrant contributions .....</b>	<b>18</b>
<b>Church Women's Fellowship .....</b>	<b>18</b>
<b>Leprosy Mission.....</b>	<b>18</b>
<b>Zambia Diary May/June 2010 .....</b>	<b>19</b>
<b>Mother's Union news .....</b>	<b>22</b>
<b>Vestry Moments .....</b>	<b>23</b>
<b>Hymn lines to ponder .....</b>	<b>23</b>
<b>Your prayers are asked for.....</b>	<b>24</b>
<b>Events coming soon....</b>	<b>25</b>
<b>Contacts at St James .....</b>	<b>26</b>

## ***Service Times***

Sundays: 11.00am Choral Communion; Evensong as announced  
Wednesdays: 12.15pm Midweek Eucharist

On the first Sunday of the month the 11.00am Sunday Service is a Family Communion; on the other Sundays the young people go out to Young Church during the first hymn and return in time for Communion.

## ***Groups and Activities***

*(please contact the appropriate person listed inside the back cover)*

Sundays: 7.30pm Youth Group for 10-16s  
Tuesdays: 9.30am “J-Tots” Playgroup  
10.00am Bible Study at 24 Mauricewood Park  
7.30pm Mauricewood Housegroup at 6 Arras Grove  
Wednesdays: 7.00am “Earlybirds” Prayergroup  
8.00am “Earlybirds+” Prayergroup  
Thursdays : 7.00pm Choir Practice

## ***Rector’s Letter***

*Summertime and the livin’ is easy*

George Gershwin’s name is the one usually associated with the song, recorded by any number of people over the years, which comes from his light opera *Porgy and Bess*, first performed in 1927. The lyricist was a man named DuBose Heyward, who’d put aside a sufficient “nest egg” by the age of 40 in insurance and real estate in Charleston, North Carolina, to allow himself the leisure of writing full time. His novel *Porgy* became a best seller in 1924. He and his wife adapted it as a stage play. Enter George Gershwin with the music and the rest is history. My favourite version of the song *Summertime* is by Janis Joplin. When I listen to it, I’m sixteen years old again and sitting on a hillside somewhere in the Yukon Territory with a .22 rifle waiting for ground squirrels to poke their heads up out of their holes.

I’ve lived in those parts of North America which suffer from little light, and inhospitable climates in the winter. I know how the transition from winter to full spring and “glorious summer” has profound physical and

psychological benefits. We here in Scotland suffer from some of the same extremes of daylight hours although our temperature is normally a bit more moderate. I'd ask you, though, to cast your minds back, not that many months, to a time when not only our Christmas services but even our Easter services were threatened by snow and ice.

At the time of writing (the day before the July Outreach deadline) the local world has become a very different place. It is abundant, colourful and expressive.

It's an old fallback of clergy at school assemblies in November or December, with horizontal sleet whipping past the windows of the school, that "very important processes take place in the winter". These take place underground – they are buried and subtle processes by which organisms consolidate their roots and bulbs. It may be bleak outside but Mr Toad is safe in the mud at the bottom of the pond. The earth only looks dead and inert. When the weather changes everything will emerge and find expression.

The flowers appear on the earth, the time of singing has come,  
And the voice of the turtledove is heard in our land.  
(*Song of Solomon 2:12*)

I think that most people's lives unfold in seasons more than they do in regular increments of weeks, months and years. Chart your life across decades at four or five points and you'll say "good", "worse" "bad", "glorious". I suspect that we can identify blocks of time, years perhaps, when we did not express much love, faith or strength. We weren't at the top of our game. We might be able to identify what the problem was. We were distracted, like Martha, with "many tasks" which kept our nose to the grindstone and our affections poorly expressed. We left the full enjoyment of things to others.

Or maybe we can't identify a cause – we just know that something was going on within us that kept our enjoyment of life at a minimum. Some things were just not possible – some exercises of joy and friendship, faith, strength and love. It wasn't the time. Equally though, we can identify times where things seemed to fall into place – where we were able to get up on our hind legs and participate more fully in our friendships, in the life of our civic community or our church – when we

began to “suck in” the colour and the beauty of the world around us. It was, for us, a summer season.

I’m certainly not making a case here for merely ‘waiting’ for the weather to change around us. We have an inner compass which tells us not only that the weather has changed and the environment is more clement but which prods us to kick out of the mud where we’ve been hibernating – lo, these many months – to send one green shoot up into the air, to release the dove from the Ark to see what it will find. That’s not just mute obedience to a change in the temperature – that’s the best part of discontent, and even a bit of bloody mindedness, a refusal to remain inert when there’s the possibility of change, and transformation.

That takes some work. It takes a kick to the seat of our trousers perhaps.

Maybe this month’s Rector’s letter is that kick.

Have a good summer.  
*Father Rob Warren*

## ***Flower Festival ...***

We shall be staging a Flower Festival at St James on the weekend of **2-3 October 2010**, the weekend of our Harvest Festival. The theme is to be ***The Church Year in Music***. We have not held such an event for many years and this will be a major fundraiser, involving the whole congregation. Penicuik Floral Art Club will be arranging the main displays for us, with additional arrangements by our own Flower Team. This will cost over £300 before we even start to make a profit.

This is a big “ask”; however, this will be not only a major fundraising event, but also result in wide outreach to the community of Penicuik and beyond. A huge “thank you” in anticipation!

***Please note this date in diaries and calendars.***

### ***... and update***

We are looking for tombola prizes, jewellery and accessories for a stall and donations for a food hamper to be raffled over the weekend, as well as baking for teas and for sale.

Volunteers are still needed for all the key jobs. Please sign up on the notice in the hallway. We are particularly keen to find someone who can make and erect signs to be displayed on the dual carriageway at Milton Bridge in the week prior to the event. We'd also appreciate the help of a volunteer to approach local businesses to ask for sponsorship.

**Please lend your support for the benefit of the Church. For more information, please call *Kathleen Cox* on 01968 673567 or *Marion Mather* on 01968 678081.**

### ***Glen '10***

Thanks to the generosity of St Mungo's West Linton and St James' Penicuik, last year two young people from Wester Hailes, Edinburgh, attended the Scottish Episcopal Church's Provincial Youth Week at Glenalmond College in August '09. Neither of the children had a church background. They not only had social and emotional challenges, but also were at risk of being socially isolated over the summer months. It was clear that their attendance at the camp was not an alternative to the therapeutic interventions they require, but was intended to provide them with a positive experience, in a safe and structured environment, where they could have fun with their peers, learn a little about what life as a teenager in a church family was like, and grow in self esteem as a result of the nurturing and caring atmosphere that the staff and children at Glenalmond create.

For one of the children (a 13-year old boy), it was his first experience of being away from home and will be a positive memory that he will always remember. He not only made friends, but as a self-proclaimed atheist was able to join in church events and explore the questions about God that he could not understand.

The other child blossomed in the supportive environment where he was praised for musical talents he previously did not know he possessed,

and performed a beautiful rendition of *Wind beneath my wings* for their final concert. Having made friends with children from a local church, this child has since attended an Episcopal Youth Group in Edinburgh on a number of occasions, and is being sponsored to attend Glen '10 by that Edinburgh church.

For confidentiality reasons, I am unable to explain fully the difficulties that these children face and the enormous benefit that a week at Glenalmond provides for the children we send. Perhaps it is sufficient to say that we chose the children very carefully, and believe that the benefit of a caring and supportive environment, where they are valued and nurtured, is often a gem in their teenage years that they can reflect back on, and use to make choices which might not otherwise have been considered by them. Perhaps it might be many years before we see the fruits of this ministry, but there is no doubt that seeds are being planted! This year, St James' and St Mungo's will, together, be sponsoring four children to the Glenalmond Youth Week in August.

Your prayers would be very welcome and are asked for the emotional and spiritual growth and safety of these children, and for the resilience and care of staff at Glenalmond.

Thank you for enabling us to support these children.

*Caireen Stewart*

## ***Penicuik House – Scotland's Gardens Scheme***

Why does it always have to rain when we open our grounds and gardens to raise money for charity? This year we tried to get the better of this jinx by moving our open day from May to June, but to no avail.

Once again, may we thank all who helped us both in advance and on the day. Without your baking, serving teas, taking entrance and tea money, parking cars and making up the accounts, to name just some of the tasks involved, we would never have survived. It was only disappointing that on such a miserable day we had far fewer visitors than the assembled teams could have handled.



In total we took £921, of which the lion's share has to go to the charities supported by Scotland's Gardens Scheme. Of the remaining 40%, half has come to St James and the remainder to Penicuik House Preservation Trust. Sadly, the amount of about £185 received by St James seems very little in relation to all the hard work involved.

We take this opportunity to thank all the kind people who contributed in any way towards making this year's garden opening possible. Maybe the next time we open, probably not until June 2012, the sun will shine upon us for a change!

*Robert and Faye Clerk*

## **Choir News**

How quickly a year can pass!

I hope you enjoyed *Music for a Summer Evening 18*; it is amazing just how much musical resource is available within St James. For me, it was one of those times when folks simply pulled out all the stops and enjoyed themselves. Thank you to everyone who sang, told little stories, played, turned music, arranged flowers, served wine, nibbles and then finished off the evening by collecting in music and washing up wine glasses.

This year again we welcomed several friends from other Penicuik churches who were keen to come to sing with us; *MFSE* is a great ecumenical event where music brings us together. It was fun. Special thanks also to John Longley, who is always very welcome at St James as he proficiently and graciously masters any accompaniment placed in front of him. Even *Confessions of a retired choirmaster* and a wonderful presentation of *Blues in the night* - well done Mike and Sarah.

We also welcomed Pat Lynch to St James. It was a great joy that she was able to use the occasion to present to the church, on behalf of the RSCM, a certificate that announces St James has maintained its affiliation to the RSCM for 80 years "*and continues to be committed to making the best use of music in the service and worship of God*". When you consider our history at St James, this certificate is a fitting reminder

to all of us of our traditions and also for our continuing commitment and guidance for the future ... that commitment continues week by week — thank you choir!!

Choir practice stops during July and August, but as ever we are always looking for new singers; if you're interested, please contact me by email [david.mcgavin@virgin.net](mailto:david.mcgavin@virgin.net) or phone (01968 675614). Everyone is welcome.

Advance notice:

**Saturday 11<sup>th</sup> September 2010** — Midlothian Doors Open Day — when visitors will be able to find out more about our beautiful church — and listen to our Organ throughout the day and perhaps view parts of our recent choir exhibition.

**Sunday 12<sup>th</sup> September 2010** — as part of its 175<sup>th</sup> anniversary celebration, Penicuik Silver Band will come and play at our 11.00am service — now what can we do with an enthusiastic Silver Band, Choir and Organ?

But that's after summer — and the next installment — have a great summer.

*“Bring me Sunshine.....♪ ☺”*  
*David*

## ***Bookstall***

On 8th and 9th June 2011, Mothers' Union members will be descending on Edinburgh for the Annual AGM. This will be held on the 9th June in the Usher Hall, but the night before we are holding a service in the Cathedral for up to 900 members.

It is an honour to be asked (told) to hold this event as we are one of the few areas with a Hall that can take up to 2,000 for the AGM. Hosting such an event will involve costs, and, although the whole Province will help with some funding, we need to raise extra funds to cover our

expenses. We do not know if we have to pay for the cathedral choir? Organist? Cost of service sheets for the service? Also, we provide a finger buffet for the Central Trustees and staff on the 9th June.

We hope that by having the bookstall early, we can gradually build up our Branch's contribution to this event. If you do not want to keep the book you have bought and read, you can re-cycle it with us. We would be grateful for any book donations if you are tidying your bookcases. Many thanks.

*Angela Sibley*

## ***Mauricewood Housegroup – Coffee Morning***

For nearly ten years our Housegroup has held a coffee morning in aid of Tearcraft in early November. We have decided to alter the format slightly for November 2010. This year, the proceeds from the coffee morning will go directly towards the **Penicuik for Africa** fund to help build the new midwifery school at Chitambo hospital.

As in past years, we still intend to provide plenty of catalogues from Tearcraft — now rebranded as “Created” — where you will be able to order your gifts for Christmas, rather than make purchases at the coffee morning. This way we hope to supply much needed finance to both projects. We hope that you will give your usual enthusiastic support to this new venture.

The coffee morning will be held on **Saturday 13 November 2010 in St James Church Hall from 10.00am until 12.00.** There will be bake stalls, plants and flowers provided by Neville and Tilly and various other stalls. You are warmly invited to come along, bring a friend and enjoy a lovely cup of Fair Trade coffee or tea and some delicious home baking!

*Val McGavin*

## ***Recording Angels***

Not hovering over us to note our daily doings, rather, volunteers who visit graveyards to record the details of burials before time and the elements totally erase all vestige of who lies therein.

*Recording Angels* was formed in 1999 to encourage use of burial grounds as a source of information and interest. Obviously, those interested can visit local sites, but if involved in research at a distance, access to records is invaluable. It is planned to produce a detailed list of all Memorial Inscriptions (MI) within all burial grounds in Midlothian, including information from lair records and other sources. These booklets will be for sale. Not all parishes have been completed yet and Penicuik is still a work in progress.

Penicuik U3A History Group was given an interesting tour of St Mungo's (Penicuik) graveyard by the volunteer responsible for that site. This includes the remains of the old 17<sup>th</sup> century St Kentigern church and the mausoleum of the Clerk family. In places, old broken headstones have been incorporated into rebuilt walls! Many beautiful headstones are in a sorry state and practically illegible. Assisting with conservation is also within the *Recording Angels*' remit.

Midlothian Local Studies at Loanhead holds related material, and local history societies can help with specific areas. Other sources include *Midlothian Gravestones* by Islay Donaldson (Midlothian District Library Service, 1994, £6.95) and *Stones*, a leaflet produced by Midlothian Council, (this and other themed leaflets can be downloaded from [www.midlothian.gov.uk](http://www.midlothian.gov.uk) - follow links for Sport & leisure > tourism > leaflets).

Graveyards, cemeteries and churchyards can be tranquil places, havens for wild life and a wonderful source for family, local and social history. Look for cherubs, hourglasses and crossbones; intricate carving of old stones and simplicity of smooth marble or granite; trade and Masonic symbols; well-known local names and memorials to those who died far from home. Remember them.

For more information on the work of this group, visit [www.recordingangels.org.uk](http://www.recordingangels.org.uk)

*Georgina Phillips*

## ***Diocesan International Committee***

The Diocese is progressing in establishing a link with the Diocese of Espoo, Finland. The Rev. Irja Askola, who was coming to visit Edinburgh in August, has just been elected the first woman Bishop in Finland, so her replacement will come instead. A group from Edinburgh will visit them in September

A group of young people is going to Ghana to help at their youth camp – youth in Ghana goes up to twenty-five years. It will be a busy time for them, sharing, leading Bible Studies and worship with large groups as well enjoying the fellowship. The camp has hundreds attending, so the groups are very large. The team leaders will be willing to come to share their experiences of the camp with the youth groups, Sunday Schools and congregations when they return.

I saw their last presentation which was enlightening and had many wonderful slides. Perhaps in future years, some of our Youth Group might like to volunteer to help, so the presentation would be very helpful.

*Angela Sibley*

## ***Ghana***

Father Emanuel now has his visa and his flight is about to be booked. He arrives with us 1 November 2010, for a month. We look forward to this visit and hope that he will be able to spend each Sunday and Wednesday worshipping with us.

Rob and I are filling in the known dates already fixed — e.g. Clergy conference, so would like to hear from others who would like to “book” a visit. Also, we want to know if you would like him to stay with you for a week (or sometime), invite him to coffee, dinner, days out — remembering it will be November.

Actual dates can be arranged nearer the time, but a list of “offers” would enable us to offer him a varied programme and for us to hear from him about his parish and lifestyle. Any offer is not binding — but would give us an idea of how to plan his stay. Many thanks.

*Angela Sibley*

# Rotas

**July 2010** (Where an alternative reading is given, the first reading is used unless clergy notify readers otherwise)

	4 July	11 July	18 July	25 July
	Pentecost 6	Pentecost 7	Pentecost 8	Pentecost 9
<b>11.00am Organist</b>	Jean	Jennifer	David	Mike
<b>St Mungo's Organists</b>	David	David	Jean	David
<b>Sidesmen</b>	Catherine Pow Des Frantom	Elizabeth Clark Tom Moffat	Richard Phillips Margaret Coull	Adrian & Karen Marchant
<b>Bread and wine</b>	Young Church	Sibleys	Johnstons	Dicksons
<b>1<sup>st</sup> reading</b>	<i>2 Kings 5:1-14 or Isaiah 66:10-14</i>	<i>Amos 7:7-17 or Deuteronomy 30:9-14</i>	<i>Amos 8:1-12 or Genesis 18:1-10a</i>	<i>Hosea 1:2-10 or Genesis 18:20-32</i>
	Elizabeth Clark	Brigitte Fuge	Adrian Marchant	Val McGavin
<b>2<sup>nd</sup> reading</b>	<i>Galatians 6:(1-6), 7-16</i>	<i>Colossians 1:1- 14</i>	<i>Colossians 1:15- 28</i>	<i>Colossians 2:6-15, (16-19)</i>
	Richard Phillips	Ian Fuge	Mike Hay	Gill Amos
<b>Gospel</b>	<i>Luke 10:1-11, 16- 20</i>	<i>Luke 10:25-37</i>	<i>Luke 10:38-42</i>	<i>Luke 11:1-13</i>
<b>Prayers</b>	Geoff Mather	David McGavin	Val McGavin	Sue Crosfield
<b>Pray for</b>	J Tots	Fabric Team	Jubilee Scotland	Mauricewood House Group
<b>Server</b>	Angela/Steven	Val/	Martin/Alice	Angela/
<b>Coffee</b>	Gillian Little Marion Mather	Frantoms	Mona Bennett Margaret MacLennan	Elizabeth Clark Robert Clerk
<b>Flowers</b>	-----Joan Douglas -----			
<b>Cleaning</b>	Ros Hay Sue Crosfield	Ros Hay Sue Crosfield	???????????????	Marian Hunter Ruth Frantom
<b>Welcomers</b>	Nigel Johnston	McGarvas	Robert Clerk Elizabeth Clark	Andy Longmore Nigel Johnston
<b>Care Van</b>			St James	
<b>Pentland House</b>	St James			

## August 2010

	1 August	8 August	15 August	22 August	29 August
	Pentecost 10	Pentecost 11	Pentecost 12	Pentecost 13 Start-up Sunday	Pentecost 14
<b>11.00am Organist</b>	Jean	Jennifer	David	Mike	David
<b>St Mungo's Organists</b>	David	David	Jean	David	Jean
<b>Sidesmen</b>	Margaret Coull Andy Longmore	Isobel Stenhouse Catherine Pow	McGarvas	Des Frantom Elizabeth Clark	Tom Moffat Richard Phillips
<b>Bread and wine</b>	Children	Clerks	Leavys	Barrets	Sibleys
<b>1<sup>st</sup> reading</b>	<i>Hosea 11:1-11 or Ecclesiastes 1:2, 12-14; 2:18-23</i>	<i>Isaiah 1:1, 10-20 or Genesis 15:1-6</i>	<i>Isaiah 5:1-7 or Jeremiah 23:23-29</i>	<i>Jeremiah 1:4- 10 or Isaiah 58:9b-14</i>	<i>Jeremiah 2:4- 13 or Sirach 10:12-18</i>
	Geoff Mather	Elizabeth Clark	Gillian Little	Joyce Black	Margaret Coull
<b>2<sup>nd</sup> reading</b>	<i>Colossians 3:1- 11</i>	<i>Hebrews 11:1-3, 8-16</i>	<i>Hebrews 11:29-12:2</i>	<i>Hebrews 12:18-29</i>	<i>Hebrews 13:1-8, 15-16</i>
	Marion Mather	Andy Longmore	Alan Murray	Glynis Murray	Fay Clerk
<b>Gospel</b>	<i>Luke 12:13-21</i>	<i>Luke 12:32- 40</i>	<i>Luke 12:49- 56</i>	<i>Luke 13:10-17</i>	<i>Luke 14:1, 7- 14</i>
<b>Prayers</b>	Andy Longmore	Alan Murray	Mike Hay	Elizabeth Clark	David McGavin
<b>Pray for</b>	Clergy Team	Vestry	Mothers' Union	Young Church Leaders	Pastoral Care Team
<b>Server</b>	Angela	Martin/ Stephen	Angela	Val/Alice	Val/Martin
<b>Coffee</b>	Mrs Neish & family	Frantoms	Mona Bennett Margaret MacLennan	Kathleen Cox Sue Crosfield	Hays Smiths
<b>Flowers</b>	----- Ruth Frantom -----				
<b>Cleaning</b>	Marian Hunter Ruth Frantom	??????????	C & M Leavy	C & M Leavy	?????????/
<b>Welcomers</b>	Elizabeth Clark	McGarvas	Nigel Johnston	Robert Clerk	Andy Longmore
<b>Care Van</b>			St James		
<b>Pentland House</b>			St James		

## September 2010

	5 September	12 September	19 September	26 September
	Pentecost 15	Pentecost 16	Pentecost 17	Pentecost 18
<b>11.00am Organist</b>	Jean	Jennifer	Mike	David
<b>St Mungo's Organists</b>	Mike	Jean	David	Jean
<b>Sidesmen</b>	Young Church	Marchants	Margaret Coull Elizabeth Clark	Nigel Johnston Andy Longmore
<b>Bread and wine</b>	Young Church	Johnstons	Dicksons	Clerks
<b>1<sup>st</sup> reading</b>	<i>Jeremiah 18:1-11 or Deuteronomy 30:15-20</i>	<i>Jeremiah 4:11-12, 22-28 or Exodus 32:7-14</i>	<i>Jeremiah 8:18-9:1 or Amos 8:4-7</i>	<i>Jeremiah 32:1-3a, 6-15 or Amos 6:1a, 4-7</i>
	Young Church	Georgina Phillips	Elizabeth Clark	Sue Owen
<b>2<sup>nd</sup> reading</b>	<i>Philemon 1-21</i>	<i>1 Timothy 1:12-17</i>	<i>1 Timothy 2:1-7</i>	<i>1 Timothy 6:6-19</i>
	Young Church	Richard Phillips	Jo Bullough	Robert Clerk
<b>Gospel</b>	<i>Luke 14:25-33</i>	<i>Luke 15:1-10</i>	<i>Luke 16:1-13</i>	<i>Luke 16:19-31</i>
<b>Prayers</b>	Geoff Mather	Val McGavin	Sue Crosfield	Mike Hay
<b>Pray for</b>	Young Church	Bible Study Group	Choir	Church Women's Fellowship
<b>Server</b>	Martin/ Stephen	Angela/Alice	Angela	Val/Stephen
<b>Coffee</b>	Marion Mather Gillian Little	Hays Smiths	McGarvas	Margaret Vesco Joyce Black
<b>Flowers</b>	-----Ros Hay-----			
<b>Cleaning</b>	Mona Bennett Sue Owen	Mona Bennett Sue Owen	Clerks	Clerks
<b>Welcomers</b>	Nigel Johnston Elizabeth Clark	McGarvas	Andy Longmore Nigel Johnston	Elizabeth Clark Robert Clerk
<b>Care Van</b>			St James	
<b>Pentland House</b>				St James



## ***Broomhill Day Centre***

We enjoyed the visit of the Hunter and Lass and had a chance to talk to them.

The Day Centre held an evening concert by the Senior Scottish Light Opera Company for the members, who much enjoy it when the Company comes to entertain during the week. Transport was arranged for the members, with the Day Centre drivers collecting them in the minibuses, and friends bringing some by car. It was a great success and the members have raved about the music, jokes and their opportunity to “sing along” with some of the songs. We are very grateful to all who helped to make it such a wonderful evening.

*Angela Sibley*

## ***Financial Matters***

COLLECTIONS	APRIL	MAY
	£	£
CASH	310	219
GIFT AID CASH	58	14
ENVELOPES	708	885
DIRECT GIVING	<u>1645</u>	<u>1745</u>
TOTAL	2721	2863

Report to follow in next issue when we will be 3/4 of the way through the financial year.

*Graham Smith*

## ***Congregational Weekend:***

### ***St Drostan's Lodge: 27 - 29 August 2010***

St Drostan's Lodge in Angus (Diocese of Brechin) has been booked for a small group from St James the Less on the weekend of the 27 – 29 August 2010. A small group from St Mungo's has availed itself of the Lodge for two years running and a good time was had by all. There are some great walks and the Lodge is comfortable. Could those wishing to come along with us please let the Rector know in the next couple of weeks.

*Rector*

## ***Start-up Sunday – 22 August 2010***

We're all hoping you'll have a good and relaxing summer. We will be maintaining our Wednesday mid-week Communion services at St Mungo's (10.30 am) and St James (12.15 pm) for those of you who have been coming to those services, and for those who may be away on the weekends. Our Start-up Sunday will take place on Sunday 22 August 2010. We're hoping to have a full house on that particular Sunday.

*Rector*

## ***Sad news ...***

Vera Gray, one of St James' long-standing faithful members, died on Sunday 20 June 2010. RIP

## ***John Farrant***

This is a little reminder that, earlier this year, Vestry thought that past and present members of the congregation and friends might like to record their memories of John and Marjory Farrant's ministry at St James. The plan is to collate contributions into a memorial booklet that could be published as a supplement to *Outreach*. If you have any contribution that you would like included, please contact me. We hope to start to compile contributions by the end of August 2010.

Any contribution can be handwritten and need not be typed or e-mailed.

*David McGavin*

## ***Church Women's Fellowship***

The date of the next meeting is: 5 July 2010 6.45pm for 7pm – meal at Leadburn Inn.

## ***Leprosy Mission Pancake Morning***

At the recent event on 5th June, the amount raised at this joint effort by Penicuik Churches was £1,050. Many thanks to all at St James who supported this event.

*Marian Hunter*

## ***Zambia diary May/June 2010 by Jo Vallis***

This was a serendipitous trip but everything fell into place as if it were meant to be. The joint purposes were: to attend the *eLearning Africa Conference* in Lusaka and present a paper on behalf of NHS Education for Scotland (NES) Knowledge Services; to visit Chitambo Hospital to see the Zambian government's progress towards re-opening the nursing school.

**The conference:** I met Levi Chifwaila (Charge Nurse at Chitambo) at the smart Arcades shopping centre in central Lusaka. Levi briefed me on Zambian mobile phone usage and talk time and accompanied me to the sumptuous Mulungushi Conference Centre nearby, where I registered. A herd of small antelope (pukus) grazed peacefully on the well-sprinkled lawns. Levi was not an official delegate, but the organisers were persuaded to let him hear my paper and then invited him to present a paper, since some delegates had cancelled and additional speakers were needed. As a bonus, he would gain free entry to the entire conference. This seemed a tall order for a recent graduate (see picture) but he rose to the challenge; with my help, he produced a paper overnight on scope for elearning and IT at Chitambo and presented it as first presentation on the first day. He certainly honoured his lecturers in nursing at the University of Zambia, one of whose papers on *Challenges and opportunities in elearning in Zambia* complemented mine on *Potential for The Knowledge Network in Zambia*.

**Chance meetings:** Levi and I met the Deputy Health Minister at Arcades, and this led to a prized appointment at the Ministry of Health the next day, along with Dr Miriam Libetwa, Deputy Director of Nursing Services. They had just returned from a WHO conference in Geneva on Community Health Support Workers (CHSW), and were excited about the potential for manning outreach clinics and health posts with CHSW, who could then refer patients to hospital. We agreed that the Chitambo School should train direct entry enrolled nurses rather than midwives in the first instance, and should also contribute to a national training programme for CHSW.

**Financial arrangements:** I met Dr 'Jay' Chileshe at his bank opposite Arcades. As a retired economist with the United Nations, he has honorary access to an office suite and coffee-making facilities within the

bank. We discussed the Chitambo project and Jay's potential involvement as a signatory on a putative PfA bank account in Lusaka. Jay is open to the idea but, like Kim Farmer, would require to know his co-signatory and have detailed guidelines regarding handling the funds, since a business account operated by different rules from a personal account. We did not set up a PfA account meantime.

**Fun:** Kim Farmer invited me to go camping at Kafue National Park over the weekend. This was a wonderful treat, with a 4-hour game drive and a very restful Kafue river boat cruise. In addition, we had the excitement of seeing a giant bull elephant rooting up trees yards from our tents! Some days earlier, a lion had killed a bush pig right in the camp! This was 'the real' Africa. No 'risk assessment' red tape to protect us here!

**Travelling north to Chitambo:** I was joined, belatedly, by my son Paul and Liz Hosegood, a midwife tutor from St Francis Hospital, Katete. Liz enjoyed having a haircut at Arcades, a rare treat for those who work in the bush. Meanwhile, I had done a shopping expedition, using our 2008 shopping list. We packed up the hired car and set off to rendezvous with Levi on the Great North Road. We called in on David and Christine Moffat, descendants of David Livingstone's wife's family, who have been farming for many years in the fertile Mkushi area of Zambia. Christine took Levi to view the David Livingstone sanctuary they have created, including the photograph of Livingstone with one of his grand daughters. David furnished me with application papers for the Beit Trust, which supplies grants for projects within three African countries: Zambia, Malawi and Zimbabwe. We pushed on to Serenje, another 150 miles, to meet Dr Sinyangwe, Acting Serenje District Director of Health. We discussed the Chitambo Nursing School and The Knowledge Network project, and requested a support letter to accompany an IHLFS grant application.

**Chitambo hospital:** On our arrival at the hospital, we found the maternity wing (built by the Biet Trust in 1960) to be the busiest area. The medical team was frantically busy with a maternity case, brought in from 100 miles away in obstructed labour. The baby was already dead and the focus was on saving the mother but she died overnight due to a shortage of blood. This remains an all too common story. For whatever reasons (distance, lack of communication, culture etc) many women wait far too long before reaching hospital. This results in a vicious circle

of fear and hospital avoidance. There were very few in-patients but we met several outpatients, including an elderly lady who had no social support; we gave her a little money. We also visited the Maternal and Child Health Clinic where a hard working and slightly exasperated nurse was teaching young mothers about childcare. She also showed us the Smartcard patient records for this patient group.

**Chitambo nursing school:** In the Administrator's office, we saw that there were already 52 applications for places in the new Chitambo Nursing School! Men were hard at work tiling and painting both classroom (see front cover) and tutor offices. One had to be careful where one put one's hands for fear of wet paint! On to the student hostel, where similar work had been done and complex wiring was under way. There is space for 30 students at any one time, including bedrooms, recreation room, dining room and kitchen. We also saw round the warden's flat. A cook and warden have yet to be appointed.

**Furnishings:** Next, we all set off for Mupepetwe, the army camp near N'Kundalila, where they make classy mukwa wood furniture. On the way, we bumped into Chief Muchinka at a filling station and found him proudly wearing the Zambian tartan tie we had given him for the centenary visit in 2008. Whilst we were conversing with the chief, the still-smart Penicuik sponsored Chitambo Centenary Ambulance (pictured) rolled up! At the army base, the sentries were very wary of letting foreigners in! Ever a diplomat, Levi negotiated entry and eventually reappeared with a professional estimate for completely furnishing the school, dining room and hostel: £9,000.

**Field clinics:** From Mupepetwe, we travelled to Mailo Health Centre, one of 14 outreach clinics served by Chitambo Hospital. It is one of the closer clinics, at about 20 miles on relatively good dirt road. Other centres lie up to 100 miles away, one over the edge of the Great Rift Valley, down a treacherous escarpment road. Levi recalled being chased by a huge lion whilst travelling there in an open-backed vehicle. Mailo is manned by a husband and wife nursing team. Like other health centres, it serves about 10 lesser health posts. Such posts would benefit from the presence of CHSWs to refer patients up the line and reduce time to hospital. We saw the clinic building, including consulting rooms, dispensary, delivery room and a small in-patient ward. The nurse had been cementing the ceiling to prevent bats getting into the consulting rooms! A paraffin fridge housed immunisation drugs. Liz

Hosegood indicated that at St Francis, health centres are carefully vetted for suitability as student placements. This one was poorly resourced and would not pass muster. The local children looked poor and ragged.

**Diversions:** Earlier at the church, Rev Mugala had been keen to show us the material which my sister (Marion) had donated for the New Israel Choir uniforms. We heard the choir rehearsing for the imminent Inter-Choir Festival. Paul, Levi and I had also fitted in a visit to my father's grave. Our big day out meant we had missed most of the festival and all of the agricultural show in Chitambo. However, there was still singing going on at the church and we wandered over to listen under another breathtaking starry sky, which only we seemed to notice! Within a grass enclosure outside the church, the different choirs had set up huddles, each around their own campfire. One choir was up performing a dance and I tagged on the end. This resulted in immediate elevation to centre stage and we were directed to ringside seats to watch the entertainment. The winners would be announced in the morning but by that time we would be heading back to Lusaka.

*[This is a longer than usual article for Outreach, but is of such interest to all who follow the progress of PfA's vitally important initiatives. Many thanks to Neville for editing Jo Vallis' fuller account and supplying the photos – Ed]*

## ***Mothers' Union News***

*MU Scottish web address is: <http://www.muscotland.org.uk> or via St James web page link.*

We have now broken for the summer holidays. Our opening meeting of the autumn session will be Wednesday 22 September 2010.

However, we shall be having a **Book Stall** at the **Penicuik Street Fair** on **Saturday 29 August 2010**. This is to raise money for the MU Overseas Fund. This is something separate from the bookstall being run in Church. Any contributions will be gratefully received.

*Margaret Coull*

## ***Vestry Moments***

This is a summary of matters discussed at the Vestry meeting of 2 June 2010

- Display case and register
- Church diary – see forthcoming events in Outreach and St James website calendar
- Rector: now a British citizen; Penicuik on Parade had ecumenical ministers' float; away 9-31 July 2010 in Canada
- Treasurer: concern re growing gap between giving and Year Plan
- Fabric: Quinquennial Revue
- Constitution
- *Midlothian Doors Open* 11 Sep 2010 – St James' participation
- Visit of Fr Emmanuel in November
- Request for MU bookstall after Sunday services
- Success of J-Tots service

[In Georgina's absence, Andy Longmore kindly took the minutes]

Next meeting: Tuesday 6 July 2010 at 7.30pm

## ***Hymn lines to ponder:***

"Who was, and is, and is to come"

"If I were an elephant – I'd thank you Lord, by raising my trunk"

"Sun and moon, bow down before him"

"Take from our souls the strain and stress"

*picked by David McGavin*

## ***Your prayers are asked for...***

Please pray for all those known and unknown to you who through sickness, need, bereavement or any other trouble are in need of God's comfort and support.

Pray for Florence Petrie, Mae Mann, Elizabeth Black, Ruby Graham, John Ford, Irene Hair, Ruth Haig, Eric Marchant and Mairi (Ian Fuge's sister) as she faces the next stage of her treatment. Pray for the family and friends of Vera Gray, who died in June. Pray for the family and friends of Bob Horne (Georgina's cousin) as they mourn their loss. Pray also for Karen Marchant and family. Pray for the family and friends of Pearl Adams, who died at the age of 96, St James' oldest member. Pray for the continuing recovery of Jim McGarva and Alan Murray. Pray for Lauren, experiencing a very difficult pregnancy. Also for Kathryn Topham's aunt and uncle, Paddy and Geoff, in Hull who are still going through a difficult time.

Pray for all who are victims of natural disasters throughout the world; for the helpless and the helpers as they seek to rebuild their lives. Pray that aid reaches those for whom it is intended. Pray for those who staff the Bethany Trust Care Van as they minister to the homeless on the streets of Edinburgh, and for the homeless themselves.

Pray for continued progress towards peace and reconciliation; for the work of Penicuik for Africa. Pray for the release of all who are enslaved, for those held captive unfairly or illegally and for the work of Amnesty International. Pray for those suffering under corrupt and uncaring political regimes, remembering especially the people of Zimbabwe. Pray for peoples of countries torn apart by conflict and civil war. Remember also the British troops and the families of those overseas or about to go overseas, particularly those based at Glencorse Barracks.

(The Prayer Request book is to be found either in the chapel or on the altar, waiting to be used. Please do make use of it by adding your concerns and prayers. The requests are prayed for on other days as well as on Sundays. Also let the clergy know the progress of the person held in prayer. The list is updated every two to three months. Thank you!)



## ***Events coming soon...***

### **July 2010**

Sun 4 July	Sea Sunday
Mon 5 July	CWF meal at Leadburn Inn 7pm (6.45pm)
Tue 6 July	Vestry 7.30pm

### **August 2010**

Sun 22 Aug	Start-up Sunday
27-29 Aug	Congregational Weekend at St Drostan's
Sat 29 Aug	Penicuik Street Fair

### **September 2010**

Mon 6 Sep	Flower Festival meeting in Hall 7pm
Sat 11 Sep	Midlothian Doors Open at St James
Sun 12 Sep	11am Service, with Penicuik Silver Band

### **October 2010**

Sun 3 Oct	Harvest Sunday
Sat/Sun 2-3 Oct	Flower Festival in St James - <b>much help needed; please note in diaries now!</b>

### **November 2010**

Sat 13 Nov	Created (Tearcraft) Coffee Morning 10am-12
------------	--

**Outreach** can also be viewed on the St James website:  
<http://www.stjamespenicuik.co.uk>

***Please note: the September 2010 edition will be published early on \*\*\*Sunday 29 August.\*\*\* Information about events, and contributions, should be with the Editor, Georgina Phillips 661039, Merlewood, The Loan, West Linton, EH46 7HE, [phillq13@toucansurf.com](mailto:phillq13@toucansurf.com) by \*\*\*Wednesday 18 August\*\*\* at the latest. If sent by email, please also copy to Mike Hay, [mike@hayfamily.co.uk](mailto:mike@hayfamily.co.uk)***

# Contacts at St James

All numbers 01968.. unless otherwise shown.

		Phone	Email
<b><u>Rector</u></b>	Revd Robert Warren	672862	rector_penicuik@yahoo.co.uk
	<i>23 Broomhill Road, Penicuik EH26 9EE</i>		
<b><u>Clergy Team</u></b>	Revd Dr Tony Bramley	675240	tbramley@staffmail.ed.ac.uk
	Canon Philip Crosfield	676607	sue.crosfield@btinternet.com
	Revd Dr Neville Suttle	673819	suttle_hints@hotmail.com
	Revd Stephen McCaulay	672976	562mccau@armymail.mod.uk
<b><u>Vestry: Secretary</u></b>	Nigel Johnston	674321	drnjohn17@aol.com
	<i>17 Broomhill Road EH26 9EE</i>		
<b>Treasurer</b>	Graham Smith	673012	caplaw@hotmail.co.uk
<b>Minutes Secretary</b>	Georgina Phillips	661039	phillg13@toucansurf.com
<b>Rector's Warden</b>	David McGavin	675614	david.mcgavin@virgin.net
<b>People's Warden</b>	Robert Clerk	679777	rclerk@penhouse.demon.co.uk
<b>Lay Representative</b>	Angela Sibley	674211	angelasibley@talktalk.net
<b>Alt Lay Rep</b>	Richard Phillips	661039	rphillips52@toucansurf.com
<b>Elected Members:</b>	Nikki Dickson		alannicky@tiscali.co.uk
	Gill Amos	673395	gill.amos@gro-scotland.gsi.gov.uk
	Adrian Marchant	677477	marchantade@yahoo.com
	Geoff Mather	678081	geoff.mather@midlothian.gov.uk
	Ishbel Proctor	677437	iproctor52@sky.com
<b>Co-opted Member:</b>	Andy Longmore	677823	andy.longmore@btinternet.com
<b>Fabric Team Leader</b>	Geoff Mather	678081	geoff.mather@midlothian.gov.uk
<b>Social Coordinator</b>	Alan Murray	678610	alan@amroth350.wanadoo.co.uk
<b>Child Protection</b>	Nigel Johnston	674321	drnjohn17@aol.com
<b>Choirmaster</b>	David McGavin	675614	david.mcgavin@virgin.net
<b>CWF</b>	Joyce Jones	674187	
<b>Flowers</b>	Marion Mather	678081	marion.mather@homecall.co.uk
<b>House Group</b>	David & Val McGavin	675614	david.mcgavin@virgin.net
	Jean & Ralph Hindle	674591	jean@jrhindle.co.uk
<b>Hall bookings</b>	Val McGavin	675614	val.mcgavin@virgin.net
<b>J-Tots</b>	Alison Cole	672400	alisonmariecole@btinternet.com
<b>Mothers' Union</b>	Margaret Coull	675223	margcoul@hotmail.co.uk
<b>Organists</b>	Mike Hay	675761	mike@hayfamily.co.uk
	Jennifer Edge	673234	jenniferedge@talktalk.net
	Jean Hindle	674591	jean@jrhindle.co.uk
<b>Pastoral Visits</b>	Angela Sibley	674211	angelasibley@talktalk.net
<b>Books/magazines</b>	Moirra Johnston	674321	moirajohnston@aol.com
<b>Prayer/Alpha Courses</b>	Faye Clerk	679777	faye.clerk@googlemail.com
<b>Rotas</b>	Angela Sibley	674211	angelasibley@talktalk.net
<b>Sacristan</b>	Ros Hay	675761	ros@hayfamily.co.uk
<b>Stewardship</b>	Richard Phillips	661039	rphillips52@toucansurf.com
<b>Envelopes</b>			
<b>Young Church</b>	Alison Cole	672400	alisonmariecole@btinternet.com
	Gill Amos	673395	gill.amos@gro-scotland.gsi.gov.uk
<b>Youth Group</b>	Adam Bullough	675549	adambullough@o2.co.uk

**Latest news from Angela Sibley's son, Andy:**



“Charlene and I are delighted to announce the birth of our son, **Evan John Davidson**, born at 3:45am on Monday 14 June 2010 at the Queensway-Carleton Hospital in Ottawa. He is the first Canadian grandchild and first child for Andy and Charlene. Evan weighed in at a mighty 10lbs 2oz and is doing very well! Mom is recovering well and Dad is ecstatic.”



The **Clerk** family celebrating the recent birthday of Elizabeth, Lady Clerk. We would be delighted to receive more group photos from members of St James celebrating families and friends.



**Music For a Summer Evening 18  
12 June 2010  
RSCM presentation**

**(see Choir News on page 9)**